

# CORRICULUM VITAE

## ROSALIND F. DYMOND CARTWRIGHT

**ADDRESS:** 680 N. Lake Shore Drive  
Chicago, Illinois, USA

**WEBSITE:** rosalindcartwright.com

**BIRTH DATE:** December 30, 1922  
Citizen: USA

### EDUCATION:

1945 B.A. University of Toronto – Psychology  
1946 M.A. University of Toronto – Clinical Psychology  
1949 Ph.D. Cornell University – Social Psychology  
1944 Psychology Internship Ontario Hospital, Woodstock. Ontario  
1946 Psychology Internship Christie Street Hospital for Veterans, Toronto  
1948 Field Work Anthropology Digby County, Nova Scotia

### PROFESSIONAL ACCREDITATION:

Current State of Illinois - Licensed Psychologist – No.72-2304  
1980 Fellow, American Academy of Sleep Medicine

### PROFESSIONAL APPOINTMENTS:

2008- current Professor Emeritus, Neuroscience Program,  
Graduate College,  
Professor Emeritus, Medical College,  
Rush University Medical Center, Chicago, Illinois

2000-2008 Endowed chair: James A. Hunter University Professor,  
Department of Psychology, Rush University.  
Senior Researcher, Sleep Disorders and Research Center  
Rush University Medical Center, Chicago, Illinois

1977-2007 Professor and Chairman, Department of Behavioral Sciences,  
Founder and Director, Sleep Disorder Service and Research  
Center, Rush University Medical Center, Chicago, Illinois

1977 (Spring) Visiting Professor, Department of Psychology  
University of California, Berkeley

1969-1977 Professor, Department of Psychology and

	Director, Sleep Laboratory, University of Illinois at Chicago
1967 (Summer)	Visiting Professor, University of California, Los Angeles
1962-1969	Associate Professor to Full Professor, Director, Division of Psychology and Director of the Sleep Laboratory University of Illinois College of Medicine, Chicago
1960-1962	Visiting Lecturer, Department of Psychology University of Colorado, Boulder, Colorado
1956-1960	Research Associate (Associate Professor) Committee on Human Development, University of Chicago
1951-1959	Research Associate, Dept. of Psychology, University of Chicago
1949-1951	Assistant Professor, Department of Psychology, Mount Holyoke College
1948-1949	Instructor, Department of Sociology, Cornell University

#### **PROFESSIONAL ORGANIZATIONS AND HONORARY SOCIETIES (MEMBERSHIP AND OFFICES):**

Fellow	A.P.A. Division 8 (Personality and Social Psychology)
Fellow	Association for the Psychophysiological Study of Sleep. (Now: American Academy of Sleep Medicine)
Member	Sleep Research Society
Fellow	Association for Psychological Science
Member	Sigma Xi
1961-1964	Representative, American Psychological Association Council
1961-1964	Secretary-Treasurer, American Psychological Association Div. 8
1969-1971	Executive Board, Association for the Psychophysiological Study of Sleep
1979-1980	Member, Board of Trustees, Chicago School of Professional Psychology
1979-1980	Scientific Review Board, Better Sleep Council
1993- 2008	Advisory Board Member - False Memory Syndrome Foundation
1994-2008	Board Member, Narcolepsy Network
1996-2000	Executive Board, Sleep Research Society

**EDITORIAL BOARDS:**

1966-1971	Journal of Personality and Social Psychology
1973-1975	Random House Annual on Altered States
1974-1983	Psychotherapy: Theory, Research and Practice
1975-1979	Sleep Reviews
1978-1985	Psychiatry: Interpersonal and Biological Processes.
1981-1985	Clinical Psychology Review
1990-Present	Dreaming: Consulting Editor,
1990-1999	Sleep
1993-Present	Psychiatry: Interpersonal and Biological Processes
1993-2000	New Developments in Medicine and Drug Therapy
2007-Present	Psychiatry on line

**RECENT MANUSCRIPT REVIEWER FOR JOURNALS 2007-2011**

JAMA	Chest
Sleep	Annals of Neurology
Consciousness and Cognition	Perceptual and Motor Skills
Psychological Reports; Perceptual and Motor Skills	Chronobiology International
Journal of Cognitive Neuroscience	Journal of Nervous and Mental Diseases
American Journal of Psychiatry	Journal of Behavioral Sleep Medicine
Psychiatry Research	Psychopathology
Journal of Clinical Sleep Medicine	Pharmacology, Biochemistry and Behavior.
British Journal of Psychology	Journal of Biological Rhythms

**RESEARCH REVIEW PANEL (STUDY SECTION) MEMBERSHIPS:**

1971-1975	National Institute for Mental Health Clinical Programs, Research Review Committee.
1975-1979	National Institute for Mental Health, Ad Hoc Reviews for Clinical Research.
1979-1983	National Institute for Mental Health; Treatment Development and Assessment Research Review Committee.
1981-1983	National Institute for Mental Health, Treatment Development and Assessment, (Clinical Centers) Research Review Committee. Chairman.
1984-1987	National Institute for Mental Health, Psychopathology and Clinical Biology

	Research Review Committee.
1987-1991	National Advisory Mental Health Council.
1992-1993	National Institute for Mental Health, Clinical Neuroscience Review Committee.
1994-1995	Sleep Disorders Research Advisory Board, National Heart Lung and Blood Institute (NIH).
2001	Biobehavioral and Behavioral Processes-4 Special Emphasis Panel.
2002	Interdisciplinary Research in Women's Health Program.
2003	Biobehavioral and Behavioral Processes-4 Special Emphasis Panel.
2005	NIH/National Institute of Diabetes and Digestive and Kidney Diseases
2006	NIH/Chronic Conditions and Biobehavioral Medicine: Risk Prevention and Health Behavior.
2006	NIMH R13 Conference Grant
2006	NSF Cognitive Neuroscience
Currently	Ad Hoc Reviews: NIH, NIMH, National Science Foundation, National Research Foundation (Canada).

**AWARDS AND HONORS:**

1955	Research Prize, American Personnel and Guidance Association (with Carl Rogers)
1958	Research Prize, American Personnel and Guidance Association
1984	The 1984 Distinguished Lecturer, Virginia Tarlow Memorial Northwestern University Medical School, Institute of Psychiatry.
1986	Distinguished Lecturer, Southeastern Psychological Association Meeting, Orlando, Florida
1986	The Third Annual Elliot Weitzman Memorial Lecturer, Cornell Medical School - New York Hospital
1987	Eighth Annual Distinguished Lecturer, Dr. Harold C. Voris Research Lecture, Mercy Hospital and Medical Center, Chicago, Illinois
1988	J.P.S. Robertson Lecture, Trent University, Peterborough, Ontario
1988	Honorary Degree, Doctor of Letters, Elmhurst College, Elmhurst IL.
1988	Awarded: Eminent Woman in Psychology at 90th Annual A.P.A. Convention

- 1990 The First Annual Raymond Johnson Memorial Lecturer MacAlaster College, Minneapolis, Minnesota
- 1993 Award for Distinguished Contributions to Basic Research in Psychology: American Association of Applied and Preventive Psychology.
- 1995 Henry P. Russe Humanitarian Award, for providing quality care and a human touch, Rush-Presbyterian-St. Luke's Medical Center
- 2000 Outstanding Contribution to the Profession of Psychology Award: Illinois Psychological Association.
- 2002 Outstanding Psychology Mentor. Arizona Psychological Association.
- 2003 James A. Hunter, M.D., University Endowed Chair, Rush University Medical Center
- 2003 Pierre Robin Academic Award: Academy of Dental Sleep Medicine
- 2004 Distinguished Scientist Award : Sleep Research Society.

**RECENT U.S. INVITED PRESENTATIONS**

- 1997 Dream Affect in Depressed Patients. Institute for Psychoanalysis, Chicago, Illinois
- 1997 When Sleep Goes Wrong, St. Vincent Hospital, Green Bay, Wisconsin
- 1998 Sleep and its Disorders, Riverside Hospital, Kankakee, Illinois
- 1998 Sleep Disorders, Edwards Hospital, Napierville, Illinois
- 1998 Unraveling the Mysteries of Sleep and Dreams, Auburn University, Montgomery, Alabama.
- 1999 The Role of Dreams in Mood Regulation. American Psychiatric Assoc., Washington, DC
- 1999 Good Dreams and Bad. University of Illinois Center for Narcolepsy Research, Chicago, Illinois
- 1999 Sleep Apnea, Cook County Hospital, Chicago, Illinois
- 2000 REM Sleep and Mood Regulation, Northwestern University, Evanston, Illinois
- 2000 Mood regulation function of rapid eye movement (REM) sleep and dreaming. Psychiatric Association, Chicago, Illinois
- 2000 Good dreams and bad behavior. CGH Sleep Center, Sterling, Illinois
- 2000 Sleep-related violence, International Medicine Conference, St. Joseph's Hospital, Atlanta, Georgia

- 2001 History of the Tongue Retaining Device for snoring and Sleep Apnea. Academy of Dental Sleep Medicine, Chicago, Illinois
- 2006 Sleep-related violence: Genes, Sleep Deprivation and Stress. American Psychiatric Association. Toronto, Canada

### INTERNATIONAL INVITED ADDRESSES

- 1990 Sleep and Dream Disorders : Diagnosis and Treatment, Prince of Songkla Medical University, Songkla, Hat Yi, Thailand.
- 1995 Paradoxes of paradoxical sleep. World Federation of Sleep Research, Nassau, Bahamas.
- 1999 Dreams and the working through process. International Psychoanalytic Association, London, England.

### RESEARCH AND TRAINING GRANTS: ROSALIND CARTWRIGHT P.I.

- 1964 Training Program in Clinical Psychology, National Institute of Mental Health
- 1964 Psychological Study of Sleep, Graduate College Research Board, University of Illinois
- 1964 Pilot Studies of the Similarity of Normal Fantasy (Dreams) and Experimentally Induced Fantasy (Drug Induced Hallucinations). General Research Support Grant, University of Illinois
- 1965-1967 GS-649 The Relation of Fantasy to Reality Problem Resolution National Science Foundation.
- 1965-1966 DMH 17-206 The Relation of Two Types of Fantasy Experiences: Normal Dreaming and Drug Induced Hallucinations Department of Mental Health, State of Illinois.
- 1966-1968 DMH 17-257 The Function of Dreaming and Non-Dreaming Meditation in the Maintenance of Normal Behavior: Department of Mental Health, State of Illinois.
- 1967-1969 Effects of Pre-Sleep Experience on Dream Content, Graduate College Research Board University of Illinois.
- 1968-1969 GS-2191 Psychological Effects of Sleep Deprivation: National Science Foundation.
- 1970-1972 RO1 MH-18040 Effects of Dream Experience on Daytime Behavior: NIH National Institute of Mental Health.
- 1970-1971 DMH 109-11RD Dreaming, Problem Solving and Mental Health Department of Mental Health, State of Illinois.
- 1973-1975 Studies in Dreaming Department of Mental Health, State of Illinois.

- 1973-1975 RO1 MH-23456 Preparatory Training for Psychotherapy, NIH National Institute of Mental Health \$118,363
- 1975 Supplement to above grant. \$25,135
- 1977-1981 RO1 MH-31920 Role Loss, Depression and Dreaming: NIH National Institute of Mental Health.
- 1981-1984 RO1 HL-27409 A Mechanical Device for the Treatment of Sleep Apnea: National Institutes of Health: Heart, Lung & Blood Institute.
- 1985-1988 RO1 MH-40552 Factors in Divorce-Related Depression: NIH, National Institute of Mental Health.
- 1988-1993 Renewal of MH-40552 Factors in Divorce-Related Depression NIH.National Institute of Mental Health.
- 1987 The Effect of Naloxone on Sleep Apnea Syndrome: Baxter-Travenol.
- 1986-1989 RO1 HL-36252 Non-Invasive Treatments for Sleep Apnea: National Institutes of Health, Heart Lung & Blood Institute.
- 1989-1990 Renewal of RO1 HL-36252 Non-Invasive Treatments for Sleep Apnea: NIH, Heart, Lung & Blood Institute
- 1993-1994 A Method to Improve Sleep Disorder Diagnosis for the Elderly: Retirement Research Foundation \$25,000.
- 1994-2003 RO1 MH-54071 Sex Differences in Mood Disorder & REM Sleep/Dreaming: NIH, National Institute of Mental Health Total Award \$1,287,921.
- 1997-1999 Test of Effectiveness of Somnoplasty for Sleep Apnea: Somnos Technology Corp.
- 2003-2005 Renewal of RO1-MH-54071 Sex Differences in Mood Disorders and REM Sleep/Dreaming, NIH, National Institute of Mental Health. Unfunded extension.
- 2005-2008 Influence of the Bed Partner on CPAP Compliance, John and Lenore Fogarty Fund.

## **PUBLICATIONS (Published Abstracts Excluded)**

### **Journal Articles**

1. **Falk, R.** Penrose, L. Clark, E. (1945) The search for mental deterioration among epileptic patients. Amer J Ment Def 49:469-71.
2. **Dymond, R.** (1948) A preliminary investigation into the relation of insight and empathy. J Consult Psychol, 12:228-233.
3. **Dymond, R.** (1949) A scale for the measurement of empathic ability. J Consult Psychol, 13:127-133.

4. Cottrell, L.S. **Dymond, R.** (1949) The empathic responses, a neglected field for research. Psychiatry, 12:335-359.
5. **Dymond, R.** (1950) Personality and empathy. J of Consult Psychol, 14:343-350.
6. **Dymond, R.** Hughes, A. Raabe, V. (1952) Measurable changes in empathy with age. J Consult Psychol, 16:202-206.
7. **Dymond, R.** (1953) Can clinicians predict individual behavior? J Personal, 22:151-161.
8. **Dymond, R.** (1953) An adjustment score for Q sorts. J Consult Psychol, 339-342.
9. **Dymond, R.** (1954) Interpersonal perception and marital happiness. Canad J Psychol, 8:164-171.
10. **Dymond, R.** (1955) Adjustment changes in the absence of psychotherapy. J Consult Psychol, 19: 103-107.
11. **Dymond, R.**, Seeman, J. & Grummon, D. (1956) Patterns of perceived interpersonal relations. Sociometry, 19:166-177.
12. **Cartwright, R.D.** (1957) The effects of psychotherapy on self-consistency. J Counsel Psychol, 4: 15-22.
13. **Cartwright, R.D.** (1958) Predicting response to client-centered therapy with the Rorschach PR Scale. J Counsel Psychol, 5:11-15.
14. Cartwright, D.S. **Cartwright, R.D.** (1958) Faith and improvement in psychotherapy. J Counsel Psychol, 5:174-177.
15. **Cartwright, R.D.** (1958) Comment on Empathy and esthetic sensitivity in counseling by Lifton. J Counsel Psychol, 5:274-275.
16. **Cartwright, R.** (1959) A note on the Rorschach Prognostic Rating Scale. J Counsel Psychol 6:160-162.
17. **Cartwright, R.D.** Vogel, J. (1960) A comparison of changes in psychoneurotic patients during periods of therapy and no-therapy. J Consult Psychol 24:121-127.
18. **Cartwright, R.D.** (1961) The effects of psychotherapy on self-consistency: A replication and extension. J Consult Psychol 25:376-382.
19. **Cartwright, R.D.** (1963) Self-conception patterns and adjustment to college life. J Counsel Psychol 10:47-52.
20. **Cartwright, R.D.** Lerner, B. (1963) Empathy, need to change and improvement in psychotherapy. J Consult Psychol 27:138-144.
21. **Cartwright, R.D.** (1966) Dreams and drug induced fantasy: A comparative study. Arch Gen Psychiat 15:7-15.



22. **Cartwright, R.D.**, Monroe, L. Palmer, C. (1967) Individual differences in responses to REM deprivation. Arch Gen Psychiat, 16:297-303.
23. **Cartwright, R.D.** (1968) Unlocking the black box of eight hours sleep: Part I. Chart, 65:49-52.
24. **Cartwright, R.D.** (1968) Unlocking the black box of eight hours sleep: Part II. Chart, 65:75-78.
25. **Cartwright, R.D.** Monroe, L. (1968) Relation of dreaming and REM sleep. J Person & Soc Psychol, 10:69-74.
26. **Cartwright, R.D.** Bernick, N., Borowitz, G. Kling, A. (1969) The effects of an erotic movie on the sleep and dreams of young men. Arch Gen Psychiat, 20:262-271.
27. Williams, D. **Cartwright, R.** (1969) Blood pressure changes during EEG monitored sleep. A comparative study of hypertensive and normotensive negro women. Arch Gen Psychiat, 20:307-314.
28. **Cartwright, R.D.** (1971) Insomnia caused by sex. Medical aspects of human sexuality, 5, 122-136.
29. Kling, A. Borowitz, G. **Cartwright, R.** (1972) Plasma levels of 17-hydroxycorticosteroids during sexual arousal in man. J of Psychosom Research, 16:215-221.
30. **Cartwright, R.D.** Ratzel, R. (1972) Effects of dream loss on waking behavior. Arch Gen Psychiat, 27:277-280.
31. **Cartwright, R.** (1972) Sleep fantasy in normal and schizophrenic persons. Journal Abnorm Psychol, 80:275-279.
32. **Cartwright, R.** (1974) The influence of a conscious wish on dreams: A methodological study of dream meaning and function. Journal of Abnormal Psychology, 83:387-393.
33. **Cartwright, R.** (1974) Problem solving: Waking and dreaming. Journal of Abnormal Psychology, 83:451-455.
34. **Cartwright, R.D.** Lloyd, S. Butters, E. Weiner, L McCarthy, L Hancock, J. (1975) Effects of REM time on what is recalled. Psychophysiology, 12:561-568.
35. **Cartwright, R.D.** Weiss, M. (1975) The effects of electrosleep on insomnia revisited. J of Nervous & Mental Disease, 161:134-137.
36. **Cartwright, R.D.** Butters, E. Weinstein, M. Kroeker, L. (1977) The effects of presleep stimuli of different sources and types on REM sleep. Psychophysiology, 14:388-392.
37. Brown, J. **Cartwright, R.** (1978) Locating NREM dreaming through instrumental response. Psychophysiology, 15:35-39.
38. **Cartwright, R.** (1978) Happy endings for our dreams. Psychology Today, 66-76.
39. Hendricks, M. **Cartwright, R.** (1978) Experiencing level in dreams: An individual difference variable. Psychotherapy: Theory, research and practice, 15:292-298.

40. **Cartwright, R.** (1979) The nature and function of repetitive dreams: A survey and speculation. Psychiatry, 42:131-137.
41. **Cartwright, R.** Tipton, L.W. Wicklund, J. (1980) Focusing on dreams: A preparation program for psychotherapy. Archives of General Psychiatry, 37:275-277.
42. **Cartwright, R.** Lloyd, S. Wicklund, J. (1980) Identifying early dropouts from psychotherapy. Psychotherapy: Theory, research and practice, 17:263-267.
43. Browman, C. **Cartwright, R.** (1980) The first-night effect on sleep and dreams. Biological Psychiatry, 15:809-812.
44. **Cartwright, R.D.** Samelson, C.F. (1982) The effects of a nonsurgical treatment for obstructive sleep apnea. Journal of the American Medical Association, 248:705-709.
45. Browman, C.P. **Cartwright, R.D.** (1982) The influence of evening activity and psychological state on dream life. Journal of Psychiatric Treatment and Evaluation, 4:307-311.
46. Rados, R. **Cartwright, R.** (1982) Where do dreams come from? A comparison of pre-sleep and REM sleep thematic content. Journal of Abnormal Psychology, 91(6):433-436.
47. **Cartwright, R.** (1983) Rapid eye movement sleep characteristics during and after mood disturbing events. Archives of General Psychiatry, 40:197-201.
48. Melstrom, M.A. **Cartwright, R.** (1983) Effects of successful vs. unsuccessful psychotherapy outcome on some dream dimensions. Psychiatry, 46:51-65.
49. **Cartwright, R.** Lloyd, S. Nelson, J. Bass, S. (1983) The traditional-liberated woman dimension: Social stereotype and self-concept. Journal of Personality & Social Psychology, 44 (3):581-588.
50. **Cartwright, R.** Lloyd, S. Knight, S. Trenholme, I. (1984) Broken Dreams: A study of the effects of divorce and depression on dream content. Psychiatry 47: 251-259.
51. **Cartwright, R.** (1984) Effect of sleep position on sleep apnea severity. Sleep 7: 110-114.
52. Trenholme, I. **Cartwright, R.** Greenberg, G. (1984) Dream dimension differences during a life change. Psychiatry Research, 12:35-45.
53. Hoepfner, J.B. Garron, D.C. **Cartwright, R.D.** (1984) Self-reported sleep disorder symptoms in epilepsy. Epilepsia, 25(4):434-437.
54. **Cartwright, R.** (1985) Predicting response to the tongue retaining device for sleep apnea syndrome. Archives of Otolaryngology, 111:385-388.
55. Caldarelli, D. **Cartwright, R.** Lilie, J. (1985) Obstructive sleep apnea: Variations in surgical management. Laryngoscope, 95(9):1070-1073.
56. **Cartwright, R.** Lloyd, S. Lilie, J. Kravitz, H. (1985) Sleep position training as treatment for sleep apnea syndrome: A preliminary study. Sleep, 8(2):87-94.
57. Caldarelli, D. **Cartwright, R.** Lilie, J. (1986) Severity of sleep apnea as a predictor of successful

- treatment by palatopharyngoplasty. Laryngoscope, 96(9):945-947.
58. **Cartwright, R.** Kravitz, H.M. (1986) Insomnia and alcohol-induced flushing in an over-stressed and overworked man. Psychiatric Annals, 16(10):604-608.
  59. **Cartwright, R.** Knight, S. (1987) Silent Partners: The wives of sleep apneic patients. Sleep, 10(3):244-248.
  60. Lloyd, S. **Cartwright, R.** (1987) Physiologic basis of therapy for sleep apnea. Letter to the Editor. American Review of Respiratory Disease, 136(2):525-526.
  61. **Cartwright, R.** Stefoski, D. Caldarelli, D. Kravitz, H. Knight, S. Lloyd, S. Samelson, C. (1988) Toward a treatment logic for sleep apnea: The place of the Tongue Retaining Device. Behavior Research and Therapy, 26:121-126.
  62. **Cartwright, R.** (1990) Sleep disorders. In Medical and Health Annual, World of Medicine. Encyclopedia Britannica, Chicago, IL. 388-393.
  63. **Cartwright, R.** (1991) Dreams that work: The relation of dream incorporation to adaptation to stressful events. Dreaming, 1:3-9.
  64. Ristanovic, R.K. **Cartwright, R.D.** Lloyd, S. (1991) Non-pharmacologic treatment of periodic leg movements in sleep. Archives of Physical Medicine and Rehabilitation, 72:385-389.
  65. **Cartwright, R.** Diaz, F. Lloyd, S. (1991) The effects of sleep posture and sleep stage on apnea frequency. Sleep, 14(4):351-353.
  66. **Cartwright, R.** Kravitz, H. Eastman, C. Wood, E. (1991) REM latency and the recovery from depression: Getting over divorce. Amer J Psychiatry, 148:1530-1535.
  67. **Cartwright, R.** Ristanovic, R. Diaz, F. Caldarelli, D. Alder, G. (1991) A comparative study of treatments for positional sleep apnea. Sleep, 14(6):546-552.
  68. **Cartwright, R.** Wood, E. (1991) Adjustment disorders of sleep: The effects of a major stressful event and its resolution. Psychiatry Research, 39:199-209.
  69. Kravitz, H. Hansen, G. Corcos, D. Penn. R. **Cartwright, R.** (1992) Intrathecal Baclofen: Effects on nocturnal leg muscle spasticity. American Journal of Physical Medicine and Rehabilitation, 71:48-52.
  70. **Cartwright, R.** (1992) "Masochism" in dreaming and its relation to depression. Dreaming, 2(2):79-84.
  71. **Cartwright, R.** Wood, E. (1993) The contribution of dream masochism to the sex ratio difference in major depression. Psychiatry Research, 46:165-173.
  72. **Cartwright, R.** (1993) Who needs their dreams? The usefulness of dreams in psychotherapy. The American Academy of Psychoanalysis, 21:539-547.
  73. **Cartwright, R.** Lloyd, S. (1994) Early REM: A compensatory change in depression. Psychiatry Research, 51:245-252.

74. Broughton, R. Billings, R. **Cartwright, R.** Doucette, D. Edmeads, J. Edwardh, M. Ervin, F. Orchard, B. Hill, R. Turrell, G. (1994). Homicidal somnambulism: A case report. Sleep, 17(3): 253-264.
75. Lloyd, S.R. **Cartwright, R.D.** (1995) The collection of home and laboratory dreams by means of an instrumental response technique. Dreaming, 5:63-73.
76. Schmidt-Nowara, W. Lowe, A. Wiegand, L. **Cartwright, R.** Periz-Guerra, F. Menn, S. (1995) Oral appliances for the treatment of snoring and obstructive sleep apnea: A review. Sleep, 18(6): 501-510.
77. **Cartwright, R.** (1995) Sleep disorders and their treatment. New Developments in Medicine, 4:53-58
78. **Cartwright, R.** (1995) Nightmares. [On-line]. Neurobase San Diego, CA. Arbor Publishing Corp., 96, 97, 98, 99, 00, 01.
79. **Cartwright, R.** (1997) Who should treat sleep apnea and how? Chest, 111:3-4.
80. **Cartwright, R.** (1997) Good dreams and bad: What role do they play. Perspectives, 2:1-5.
81. Kalogjera-Sackellares, D. **Cartwright, R.** (1997) Comparison of MMPI profiles in medically and psychologically based insomnia. Psychiatry Research, 70:49-56.
82. **Cartwright, R.** (1998) Dreams and depression. IME Internet Program of Atlanta School of Sleep Medicine and Technology.
83. **Cartwright, R.** Young, M. Mercer, P. Bears, M. (1998) Role of REM sleep and dream variables in the prediction of remission from depression. Psychiatry Research, 80:249-255.
84. **Cartwright, R.** Luten, A. Young, M. Mercer, P. Bears, M. (1998) Role of REM sleep and dream affect in overnight mood regulation: A study of normals. Psychiatry Research, 81:1-8.
85. **Cartwright, R.** and Avidan, A.(1999) Confusional arousals, (On-line) Neurobase, M. Aldrich (Ed), 00, 01, 03;
86. **Cartwright, R.** Vankatesan, T.K. Caldarelli, D. Diaz, F. (2000) Treatments for snoring: A Comparison of Somnoplasty and an Oral Appliance. Laryngoscope, 110:1680-1683.
87. Newell, P. **Cartwright, R.** (2000) Affect and cognition in laboratory dreams. A critique of the cognitive role in adaptive dream functioning and support for associative models. Psychiatry, 63:34-44.
88. Bears, M. **Cartwright, R.** Mercer, P. (2000) Masochistic dreams: A gender-related diathesis for depression re-visited. Dreaming, 10:211-219.
89. **Cartwright, R.** (2000) How and why the brain makes dreams: A report card on current research on dreaming. Behavioral and Brain Sciences, 23(6):914-916.
90. **Cartwright, R.** (2000) Sleep related violence: Does the polysomnogram help establish the diagnosis. Sleep Medicine, 1:331-335.

91. **Cartwright, R.** (2001) What's new in oral appliances for sleep apnea: An update. Sleep Medicine Reviews, 5:25-32.
92. Sher, A. Flexon, P. Powell, N. Emery, B. Sweica, J. Smith, T. **Cartwright, R.** Dierks, E. Nelson, L. (2001) Temperature controlled radiofrequency tissue volume reduction in the human soft palate. Otolaryngology Head and Neck Surgery, 125(4):312-8.
93. **Cartwright, R.** Newell, P. Mercer, P. (2001) Dream incorporation of a sentinel life event and its relation to waking adaptation. Sleep and Hypnosis, 3:25-32.
94. **Cartwright, R.** (2001) Obstructive sleep apnea: A sleep disorder with major effects on health. Disease-a-Month, 47:105-148.
95. **Cartwright, R.** (2002) Dream affect and major depression: An editorial. Sleep and Hypnosis, 4(1): 1-3.
96. **Cartwright, R.** (2002) REM on demand: an editorial on 'Elicitation of sleep-onset REM periods in normal individuals using the sleep interruption technique (SIT)'. An Editorial. Sleep Medicine (3) 469-470.
97. Agargun, M., **Cartwright, R.** (2003) REM sleep, dream variables and suicidality in depressed patients. Psychiatry Research, 119:33-39.
98. **Cartwright, R.** Baehr, E. Kirkby, J. Pandi-Perumal, S.R. Kabat, J. (2003) REM sleep reduction, mood regulation and remission from untreated depression. Psychiatry Research, 121:159-167.
99. **Cartwright, R.** (2004) Sleepwalking violence: A sleep disorder, a legal dilemma and a psychological challenge. Amer J Psychiatry 161:1149-1158.
100. **Cartwright, R.** (2004) The role of sleep in changing our minds. Learning and Memory 11:660-663.
101. **Cartwright, R.** (2005) Understanding dreams: Tapping a rich resource. Current Psychiatry 4(5):15-21.
102. **Cartwright, R.** (2005) What do dreams do? Psychology Review 2-4.
103. **Cartwright, R.** Agargun, M. Kirkby, J. Friedman, J.(2006) Relation of dreams to waking concerns. Psychiatry Research, 141:261-270.
104. Ferguson, K. **Cartwright, R.** Roberts, R. Schmidt-Nowara, W. (2006) Oral appliances for snoring and sleep apnea: A review: Sleep, 29:244-262.
105. **Cartwright, R.** (2006) Commentary on: "Freudian Dream Theory, Dream Bizarreness, and the Disguise-censor Controversy". Neuro-Psychoanalysis, 8: 20-23.
106. **Cartwright, R.** (2007) Letter re: Pressman, M. Factors that predispose, prime and precipitate NREM parasomnias in adults: Clinical and forensic implications. Sleep Medicine Reviews, 11:329-333.

107. **Cartwright, R.** (2008). Letter to the editors: Re: Pressman M. Response to Rosalind Cartwright's Letter to the Editor Sleep Medicine Reviews 12 :77-79.
108. **Cartwright, R.** (2008) Sleeping together: A pilot study of the effects of shared sleeping on the adherence to CPAP treatment in obstructive sleep apnea. J Clin Sleep Med. 4 :123-127.
109. **Cartwright, R.** (2009).Commentary on: Troxel, W. Buysse, D. Hall, M. Mathews, K. Marital happiness and sleep disturbances in a multi-ethnic sample of middle-aged women. Behav. Sleep Med. 7: 20-21
110. **Cartwright, R.** (2009) Drowsy Society. Frontiers in Neuroscience. 3:466.
111. **Cartwright, R.** (2009) Return of the TRD. Commentary on Lazard D. et al. The tongue-retaining device: Efficacy and side effects in Obstructive Sleep Apnea. J. Clin. Sleep Med. 5:439-440.
112. **Cartwright, R.** (2010) Comments on Board Review Corner: The Early Riser. J. Clin. Sleep Med. 6: 513.

### **Books and Chapters**

1. Rogers, C.R. **Dymond, R.** (1954) Psychotherapy and Personality Change. Chicago: University of Chicago Press.
2. **Dymond, R.F.** (1954) Adjustment changes over therapy from self-sorts. In C.R. Rogers & R. Dymond (Eds), Psychotherapy and Personality Change (pp.76-8). Chicago: University of Chicago Press.
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